



PRP (PLATELET RICH PLASMA) POST-CARE TREATMENT

POST-TREATMENT CARE:

Generally, 2-3 treatments are advised, however, more may be necessary for some individuals. Follow up treatments may be done approximately once a year after the initial group of treatments to help boost and maintain results.

Post-treatment – For the best results avoid anti-inflammatory medications for 1-4 weeks. Reduce physical activity and exercise for several days after the injections. Light exercise and normal daily activities are permitted.

Risks/Discomfort

- ▶ Tenderness, bleeding, bruising, and infection as with any type of injection
- ▶ Short lasting pinkness/redness of the skin
- ▶ Swelling – apply ice pack as needed
- ▶ Lumps/bumps in treated area or migration of PRP to adjacent areas

Asymmetry – The human face is normally asymmetrical in its appearance and anatomy. There can naturally be variation from one side of the face to the other in terms of the response to PRP.

- ▶ Allergic response
- ▶ Minimal effect from treatment

If you have any concerns or questions, please call 860-656-7482 or text 860-831-4341

Thank you for choosing Crystal Valley Medical Aesthetics